VISIT US AT 293 MAIN STREET DERBY, CT 06418 PHONE US AT (203) 736-1484 EMAIL US AT SENIORCENTER@DERBYCT.GOV

## DERBY SENIOR CENTER NEWS

### August 2019

The summer is going by so fast. It's hard to believe the children will be back to school at the end of the month.

This month I would like to thank all the members who volunteer their services at the center with a dinner in their honor on August 8th at 5:00 PM. If you have not received an invitation and you have done at least 25 hrs. of service for the past year, please give us a call. I don't want to forget anyone.

Just a note that Team offers a program for seniors 60 years young and over to receive dinners at Griffin Hospital for only \$4.00 from 4:30-6:00 PM Tuesday thru Friday. Why waste your time cooking? For this price, you can receive a beverage, soup or salad, a main entrée and dessert.

Note: We will be going to the <u>BIG E</u> with Oxford on September 18th which is Connecticut Day.

Cost \$ 45.00PP

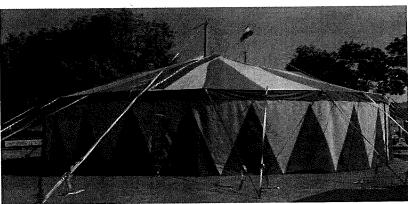
We will depart the Derby Senior Center at 9:00AM so please be here by 8:40AM.

We will depart the <u>BIG E</u> at 6:00PM which is after the parade. The price includes motorcoach transportation, <u>BIG E</u> admission and driver's gratuity.

Please sign up early because we can only have seats for 25 people. So I expect this trip to fill up fast.

Sincerely,

Susan Churchill, Interim Director



## SPECIAL POINTS OF INTEREST:

- The Elderly Commission is on summer break. Next meeting will be Tuesday, September 3, 2019 at 3:00 PM.
- The Executive Board meeting is on Tuesday, August 13, 2019 at 10:00 AM.
- The Activities Committee meeting is on Tuesday, August 13, 2019 at 11:00AM.
- Parish Nurse from Griffin Hospital will be here on Tuesday, August 6, 2019 from 11:00AM to 2:00PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- BIG E

  SEPTEMBER 18,
  2019. PLEASE
  SIGN UP EARLY.

### MONTHLY REMINDERS

- ◆ HAIRCUTS will be on Monday, August 12, 2019 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- <u>BIRTHDAY BINGO</u> will be held on Tuesday, August 27, 2019 at 1:00 PM. Thank you to Gardener Heights for hosting this event with prizes and treats.
- Visit us online at www.facebook.com/derbyseniorcenter.
- Every Friday Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. Hours are from 9:00AM to 12:00 Noon...
- Other trips: Canadian Rockies, and Albuquerque Balloon Fiesta.



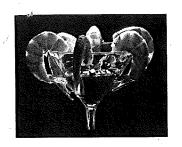
### \*\*\*FOR YOUR INFORMATION\*\*\*

\*Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you. Please pay and pick up tickets in advance of function.

Please no registrations before August 1, for <u>in house</u> functions. Check dates for registration for trips.

#### Current Trip Schedule 2019

Saratoga	Reg 6/11	August 8, 2019
Block Island	CANCELLED	August 15, 2019
Lake George & Saratoga	CANCELLED	August 21-23, 2019
Westchester Mambo Italliano	Reg 6/11	August 29, 2019
911 Memorial & Museum	Reg 7/9	September 5, 2019
Big E	Reg 7/15	September 18, 2019
Trains of New England	Reg6/25	Sept 30-Oct 6, 2019
Friesians of Majesty	Reg 8/20	October 10, 2019
Naugatuck Valley Railroad & Mystery Destination	Reg 7/9	October 15, 2019
Dover Downs Casino	Reg 7/23	Oct 23-25, 2019
A Spellbinding Day in Salem, Mass	Reg 7/30	October 29, 2019
Ace in the Hole Glen Campbell & John Denver Tribute	Reg 9/1	November 7, 2019
Westchester "An American in Paris	Reg8/27	November 14, 2019
Radio City Christmas Show & Carmines Rest	Reg 8/1	November 21, 2019
Christmas in Newport Featuring Lasalette Shrine`	Reg 10/8	December 5, 2019

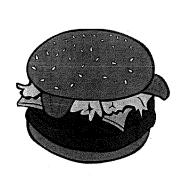


### Volunteer Dinner

Thursday, August 8, 2019 Time 5:00 PM-7:00 PM Menu Consists of:



Shrimp Cocktail, Salad, Sandwiches & Dessert



## <u>Luncheon</u>

Thursday, August 22, 2019
Time 12:00 Noon
Cost \$6.00



Menu Consists of:

Hamburgers, Hot Dogs, Cheese, Lettuce, Tomato, Onions, Sauerkraut, Mayonnaise, Ketchup, Mustard, Corn on the Cob, Cole Slaw, and Baked Beans Watermelon and Ice Cream Cups



## Breakfast

Thursday, August 29, 2019

Time 9:00 AM

Cost \$4.00

Juice, Yogurt

Waffles w/Syrup, Butter, or Strawberries & Whip Cream Scrambled Eggs,

Sausage & Potato Unlimited Coffee & Tea Free Raffle



## AUGUST

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1)Reg for Radio City 9:30 Mahongg 9:30 Pinochle 10:00 Knitting & Cro- cheting 11:45 Senior Lunch 1:00 Craft Class Reiki session by appoint- ment	2) 10:00 Tai Chi 10:00 Shopping 12:30 Zumba Gold 1:00 Quilting Class
5)10:00 Chair Yoga Cancelled for August 11:15 Strength Training	6)11:45 Senior Cafe 1:00 Bingo	7) 9:30 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold	8) Saratoga Trip 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 1:00 Craft Class Reiki session by appointments 5:00 Volunteer Dinner	9) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class
12)10:00-12:00 Haircuts 10:00 Chair Yoga cancelled for August 11:15 Strength Training 12:15 Sign Language	13) 11:45 Senior Café 1:00 Bingo	14)9:30 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold	15) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting1 1:00 Pinochle 1:00-3:00 Craft Class Reiki session by appoint- ments	16) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class
19) 10:00 Chair Yoga cancelled for August 11:15 Strength Training	20) Reg for Friesians of Majesty 11:45 Senior Café 1:00 Bingo	21) 9:30 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba	22) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Lunch 1:00 Pinochle Reiki session by appointment	23) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba 1:00 Quilting
26) 10:00 Chair Yoga Cancelled for August 11:15 Strength Training 12:15 Sign Language	27) Reg for Westchester An American in Paris 11:45 Senior Cafe 1:00 Birthday Bingo	28) 930 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold	29) Westchester Mambo Italiano 9:00 Breakfast 9:30 Mahjongg 9:30-4:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 1:00 Craft Class	30)10:00 Tai Chi 11:30 Tap Class 12:30 Zumba 1:00 Quilting

## Trips for November & December

### Westchester Broadway Theatre Presents

### An American in Paris

Thursday, November 14, 2019, Reg Date 8/27/2019 Cost \$ 105.00 Per Person

Today we will travel to Westchester Theatre where we will watch a matinee performance with lunch included. You will receive a choice of entrée upon arrival.

After lunch, you will enjoy Broadway's sensation, "AN AMERICAN IN PARIS" To be young and restless in Paris is a dream for many of us, but in the late 1940's, it's the buoyant Jerry Mulligan's life. After escaping the horrors of the war, he moves to the city of romance. Aided by wealthy fellow American Milo Davenport, his reputation is on the up, but his heart is stolen by the ingénue, Lise. Things become complicated when both men are in love with the same woman. An American In Paris celebrates the best in life, in true Parisian style!

# Radio City Christmas Spectacular Thursday, November 21, 2019, Reg Date 7/1/2019 Price \$210.00 Per Person

Come and enjoy a day in New York City at the famous Carmine's for Lunch. The meal will be served family style with platters of Rigatoni Bolognese, Penne ala Vodka and Chicken Marsala & Mushrooms. After lunch, you will enjoy the 2018 Edition of The Radio City Christmas Show with you favorite classical Christmas sights and sounds. This is a Holiday Getaway that can't be missed!

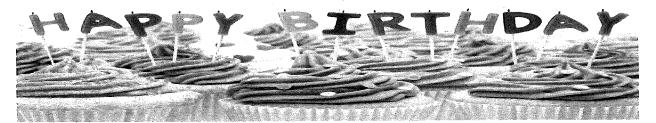
### Christmas in Newport featuring LaSalette Shrine Thursday, December 5, 209, Reg Date 10/8/2019 Cost \$120.00 Per Person

This morning we will be visiting either The Breakers or Marble House. All the mansions are beautifully decorated for the holidays.

Next we will depart for the Old Grist Tavern for lunch with a choice of Baked Stuffed Chicken, Baked Scrod or Prime Rib

After lunch, we will travel to the LaSalette Shrine where you will attend a mass and enjoy a dazzling display of Christmas lights. Join us on this spectacular Holiday Getaway!

## **AUGUST BIRTHDAYS**



Nick Aconfora Martha Adamchuk Thomas Altieri Frederick Angelino, Sr.

Maria Barbieri Myrtle Bartolotta

Margaret Battaglino Barbara Belotti

Anne Belske

Julian Bukowski Laurie Bussell

Virginia Campbell

**Louise Caterson** 

Karen Ceneviva Darlene Chrzanowski

Janet Coppola

Lawerence-Cramp-

Rose D'amico Geoffery Danz Robert DeForest

Jeanne DeGennaro

Woodrow DeGeorge

Clement DellaRocco

Peter DeLorenzo

Joan Driscoll

Linda Duley

Jeanne Eichelsdoerfer

Mary Jane Falcioni

Ada Faugno

Olga Figueroa

Kevin Floberg

**Gladys Fowler** 

Theresa Gallo

Frank Garofalo

**Evelyn Golis** 

Arlene Gydus

Mary Lou Halloran

Joseph Hart

**Corinne Horvath** 

Robert Hughes

**Darlene Johns** 

Sharon Jupin

Rose Karpinski

Shirley Keller

Dolores Kopchik

Maria Lacerda

**Grace Law** 

John Leniart

Barbara Linane

Julianne Marinelli

**Robert Maturo** 

Jean Mester

Charles Migani

Marie Miko

Sylvia Mondo

Rosemarie Moore

Sandra Morgan

Mary Narowski

Lillian Norwid

Lorraine O'Donnell

Elizabeth Pagano

**Evelyn Palik** 

Joseph Parent

Ann Perler

Pasquale Perrotti

Lydia Perschel

**Pauline Pilato** 

Mary Pizzillo

Linda Pliska

**Beverly Preusser** 

Susan Ranno

James Relihan

Vincent Ribeiro

Josephine Rovinelli

Dawn Ryan

Scarlet Saddler

Luis Salgado-Gonzalez

Geri Salzano

Joan Shaw

Marilyn Shaw

Renate Sigrist

Ann Siraco

Mary Smith

Mary Spak

Walter Stanley

Joseph Swinski

Marilyn Turner

Jean Vaccaro

Frances Vadney

Barbara VanEtten

Madalene Violette

iviauaiene violet

John Wilmot

Marie Zyskowski



## August 2019 - Senior Community Café



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef & Bean Burrito	
_			Rice & Beans	
			Fiesta Corn	
Summer, Summer, Everywhere,			Corn Bread	
Green trees, Cool water here and there.			Fresh Fruit	
The hottest season of the year,			Margarine	
It flies !	by fast, then Autumn	is near.		
,	6 Chicken Tenders	•	8 Chicken Stir Fry	
	Macaroni & Cheese		Fried Brown Rice	·
',	Peas & Carrots		Oriental Blend Veggies	
	Ketchup		Multi Grain Bread	
	Dinner Roll		Mandarin Oranges	
	Melon		Margarine	
	Margarine	•		
	,			
	43 Varatable Cumbe		15 Cheeseburger	
	13 Vegetable Gumbo		Baked Beans	,
'	Soup w/ Crackers			
·	Egg Salad w/ Lettuce		Lettuce, Tomato,	
	& Cucumber		Pickles	
	Three Bean Salad		Ketchup	
	Herb Breadstick		Bun	,
	Fresh Fruit		Peaches	
	Margarine			
	20 TASTE OF ITALY:		<b>22</b> Chicken Florentine	
·	Cannelloni Beef Pasta		Bowtie Noodles	
	w/ White Sauce		Green & Wax Beans	
	Cauliflower & Zucchini		Rye Bread	
	Baked Tomato Half	,	Melon	
	Italian Bread		Margarine	
	Chocolate Mousse w/			
,	Whipped Topping			
	23 Herb Baked		29 LABOR DAY:	·
	Chicken		Grilled Hamburger	
	Sweet Potato Pone	• .	Fresh Zucchini &	
	Bean Blend		Carrots	
	Wheat Dinner Roll		Potato Salad	
,	1		I '	
			Tomato	
	,			
	Wheat Dinner Roll Fresh Fruit Margarine		Cheese, Lettuce,	

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: August 19



### Golf - Word Search

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BALL

**BIRDIE** 

**BOGEY** 

**CADDIE** 

**CHIP** 

**CLUB** 

COURSE

DIVOT

EAGLE

**FAIRWAY** 

**FORE** 

**GREEN** 

**HANDICAP** 

**IRON** 

**PUTTER** 

**ROUGH** 

SLICE

**STROKE** 

**SWING** 

WEDGE

WOOD

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